

INSTRUMENTS AND MEDIA IN GUIDANCE AND COUNSELING SERVICES AT ISLAMIC BOARDING SCHOOL

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Abstrak

Penelitian ini dilakukan untuk mengetahui apakah di dalam pondok pesantren dikenalkan dengan bimbingan dan konseling Islam. Karena bidang ini sering menjadi permasalahan bagi setiap santri. Bimbingan dan konseling Islam memiliki hubungan erat dengan bidang pembinaan sikap dan nilai-nilai kesehatan mental. Penelitian instrumen dan media dalam bimbingan dan konseling ini difokuskan dalam apa saja alat dan media yang digunakan pondok pesantren dalam layanan bimbingan dan konseling Islam. Bimbingan dan konseling di pesantren merupakan suatu hubungan yang dilakukan dalam rangka memberikan bantuan dalam bentuk pengarahan dan nasihat kepada para santri untuk memecahkan suatu masalah atau mencapai tujuan tertentu yang dilakukan secara sengaja dan berkelanjutan. Metode penelitian yang digunakan adalah dengan cara mengisi Google Form yang telah dibuat dengan pertanyaan-pertanyaan yang sudah dijawab oleh para santri. Penyelenggaraan layanan bimbingan dan konseling dapat dikatakan telah berjalan di berbagai jenjang pendidikan, contohnya seperti di lingkungan pesantren. Meski bisa dikatakan sudah berjalan, namun implementasinya belum maksimal. Karena pelaksanaan layanan bimbingan dan konseling belum maksimal, peneliti tertarik untuk membahas tentang penggunaan instrumen dan media dalam layanan bimbingan dan konseling di pesantren, termasuk instrumen yang digunakan berdasarkan analisis data dan kebutuhan siswa.

Kata Kunci: Instrumen; Media; Bimbingan; Konseling

Abstract

This study was conducted to determine whether Islamic boarding schools were introduced to Islamic guidance and counseling. Because this field is often a problem for every student. Islamic guidance and counseling has a close relationship with the field of fostering mental health attitudes and values. This research on instruments and media in guidance and counseling is focused on what tools and media are used by Islamic boarding schools in Islamic guidance and counseling services. Guidance and counseling in Islamic boarding schools is a relationship that is carried out in order to provide assistance in the form of direction and advice to students to solve a problem or achieve certain goals which is carried out intentionally and continuously. The research method used is by filling out a Google Form that has been made with questions that have been answered by the students. The implementation of guidance and counseling services can be said to have been running at various levels of education, for example in the pesantren environment. Although it can be said that it has been running, its implementation has not been maximized. Because the implementation of guidance and counseling services has not been maximized, researchers are interested in discussing the use of instruments and media in guidance and counseling services in Islamic boarding schools, including the instruments used based on data analysis and student needs.

Keywords: Instruments; Media; Guidance; Counseling

INTRODUCTION

Previous research related to the title, namely Islamic counseling guidance for students at the Bahrul Ulum Islamic Boarding School, Pematang, was written by Nisrina Nur Mufida¹. The difference between this research and previous research is that the previous research focused on two main problems, namely; how is Islamic guidance and counseling at the Bahrul Ulum Islamic Boarding School Pematang; and what are the driving and hindering factors for Islamic guidance and counseling at the Bahrul Ulum Islamic Boarding School Pematang. While this research is focused on what tools and media are used by Islamic boarding schools in Islamic guidance and counseling services.

The reason for choosing the title is because the author is interested in Islamic guidance and counseling services through tools and media in the pesantren environment, the author also wants to know about how Islamic boarding schools carry out Islamic guidance and counseling services, and because Islamic boarding schools

¹Nurul Nur Mufida, "Mengenal Media Bimbingan dan Konseling di Pesantren" (<https://bk-fkip.umk.ac.id/2012/09/mengenal-media-bimbingan-dan-konseling.html?m=1>), Diakses pada 20 November 2021).

are educational institutions whose teaching is under the guidance of teachers. kyai and so that this paper can be used by the author himself and his readers, especially those who want to know more about tools and media in Islamic guidance and counseling in Islamic boarding schools.

Based on the description above, guidance and counseling in Islamic boarding schools can introduce and implement tools and media services to be carried out by students in terms of fostering attitudes and mental health experienced by students.

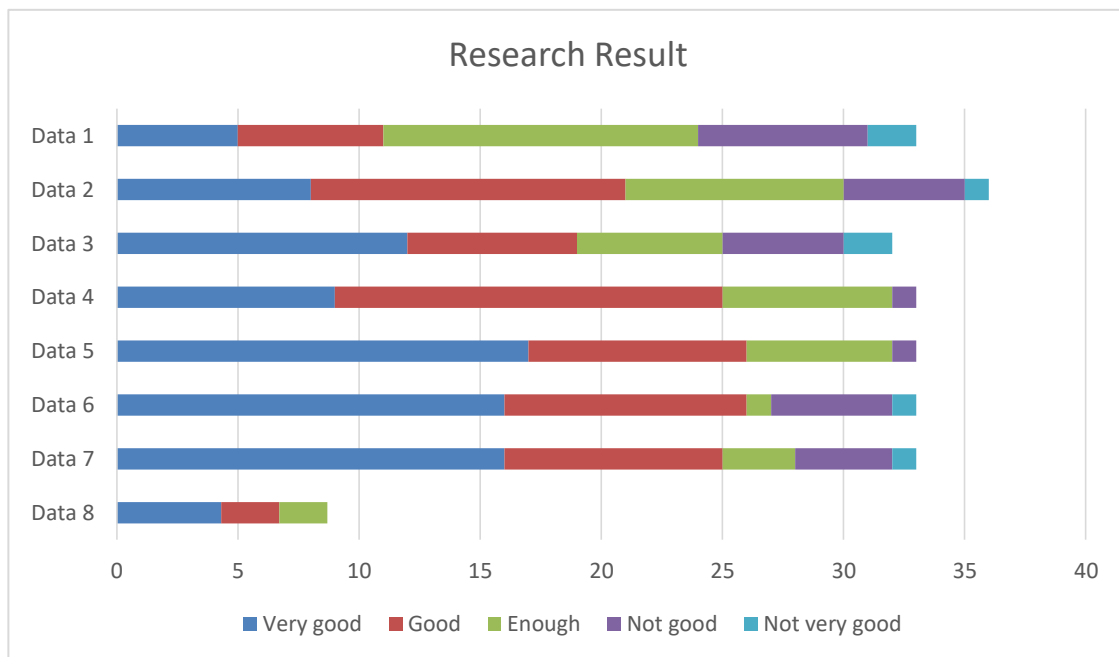
RESEARCH METHODOLOGY

Quantitative primary data, is data obtained based on the source directly through a questionnaire and presented in the form of table data. To achieve answers from this research, we created a google form which contained several questions related to this research, then we distributed the google form link through our social media, after that it was filled in by students or alumni of Islamic boarding schools who are experienced about tools. and media for Islamic guidance and counseling in Islamic boarding schools.

RESULT AND DISCUSSION

Here are some answers from students who have filled out the data questionnaire in the google form that we have created. The question:

1. Are the tools and media used in counseling in Islamic boarding schools adequate?
2. If there is a problem with communication, can the pondok management immediately handle it properly?
3. Is giving understanding to students about counseling media understandable to students?
4. Is the punishment for the students in accordance with the guidance and counseling services at the lodge?
5. Can the counseling service in documenting the students' data work properly?
6. Are students interested in learning more about guidance and counseling media services?
7. Can the students experience this guidance media on a regular basis?
8. Are the tools and media in this service sufficient for the activities of the students?



The importance of the instrument can be seen from the application of the instrument which is an effort disclosure through measurements made using measuring instruments or certain instruments.² Because students' conditions need to be revealed through the application of internal instruments the framework of guidance and counseling services to gain an understanding of students appropriately. The general objective is to obtain data about certain conditions about students, and specifically aims to understand the conditions of students such as their basic potential, talents and interests, self condition, and environment as well as the problems he faces. The components that are related and synergistic with the instrumentation application are instruments, respondents and users.³ In terms of instrument development, there are two, namely the data collected must be compiled based on data analysis and student needs. For that we need data that accurate and adequate regarding self, potential, needs and problems as well as student / counselee environment. Analysis of data and needs is preceded by collection data and need assessment using various instruments. According to Furqon and Nana Sunarya in the Technical Guidance Book, the data needed in implementation of guidance and counseling can be divided into four, namely data, personal data, group data, general data (about the environment) and special data (information on intelligence, talents, study habits, interests and social relationships). And the second one into instrument development are the techniques and instruments

²Departemen Pendidikan Nasional, *Penataan Pendidikan Profesional Konselor dan Layanan Bimbingan dan Konseling dalam Jalur Pendidikan Formal*. (2008). h. 143-146.

³Tohirin, *Bimbingan dan Konseling di Sekolah dan Madrasah Berbasis Integrasi*, (PT Raja Grafindo Persada: Jakarta, 2007), h. 207-201.

used, namely: activities to collect data using test or non-test techniques or using instruments test or non-test instrument.⁴ Regarding the method of obtaining data for guidance and counseling according to H.M Umar and Sartono, which data collection is very important in investigations in general as well as in guidance and counseling, can through observation, interviews, sociometry and case studies.⁵

In development The instrument is very closely related to the media used, especially in the set data using a computer. As well as in data storage can also used via VCD/DVD cassette, USB, audio, visual equipment which is the material also discussed in this paper. In the Dictionary of Education, it is stated that the media is a form of intermediary in various types of communication activities. As an intermediary, this media can newspapers, radio, television and even computers. Gagne in Sadiman, et al stated: that the media are various types of components in the student environment that can be stimulate him to learn. Briggs in Sadiman, et al stated that the media is a all physical tools that can.⁶

Another understanding of media, media is the plural form of medium, which means: means intermediary or introduction. According to the term, media is any form or channel used for the process of distributing information, and the use of media is very close with the instrument and implementation of guidance and counseling services. The definition directs us to draw a conclusion that media are all kinds (objects) intermediaries who can channel information from information sources to people who need information present messages and stimulate students to learn.⁷

Based on the table above, the students and alumni of Islamic boarding schools have issued their opinions regarding the services of tools and media for guidance and counseling in Islamic boarding schools, and from these data it can be concluded that:

1. The tools and media used in guidance and counseling in Islamic boarding schools are sufficient.
2. In terms of communication, the boarding school administrator has done well regarding guidance and counseling media services
3. Giving understanding to the students is very good and easy to understand by the students
4. The standardization of punishment has been carried out well by the board of the Islamic boarding school against the students

⁴Kementerian Pendidikan dan Kebudayaan Direktorat Jenderal Pendidikan Menengah Direktorat Pembinaan PTK Dikmen, *Materi Bimbingan Teknis Pengembangan Karir Guru BK Dikmen* (2012), h. 8.

⁵Anas Salahudin, *Bimbingan dan Konseling*, (Pustaka Setia: Bandung, 2010), h. 72.

⁶Arief S. Sadiman, dkk. *Media Pendidikan: Pengertian, Pengembangan dan Pemanfaatannya*, (Jakarta: Rajawali Press, 2002). h. 6.

⁷Bahan Pengajaran, *Kegunaan Media dalam KBM*. Dalam Bentuk Pdf

5. In collecting data for the students, the service can be carried out very well in documenting the activities carried out by the students in guidance and counseling.
6. The students are very interested in services and learning in guidance and counseling in Islamic boarding schools.
7. The students feel very well and are happy with the service of tools and media in the pesantren environment.
8. The tools and media are quite good in serving the activities of the students in guidance and counseling

Definition of Media The word media comes from the Latin *medius*, which is the plural form of the word *medium* which literally means intermediary or introduction. According to AECT (1997) media are all forms and channels used for the message distribution process. Miarso stated that the media is anything that can be used to channel messages that can stimulate the thoughts, feelings, attention, and willingness of students to learn. Gagne in Sadiman, *et al.*, states that the media are various types of components in the student's environment that can stimulate them to learn.⁸ Briggs in Sadiman *et.al.*, argues that the media is a physical tool that can present messages and stimulate students to learn.⁹ Gerlach and Ely in Azhar Arsyad¹⁰ say that the media, if understood in broad terms, are humans, materials or events that build conditions that enable students to acquire knowledge, skills or attitudes. From some of the opinions above, it can be concluded that the media is a tool that can be used or utilized to stimulate the physical, motor, social, emotional, cognitive, creativity and language development of children so that they are able to encourage the teaching and learning process in children.

What does media mean for counselors who have a special task of providing guidance and counseling services? Understanding the media in counseling guidance as things that are used as intermediaries or introductions when BK teachers (counselors) carry out BK programs, for example counselors when carrying out individual counseling require a counseling room, counseling media which can be electronic or non-electronic media. Guidance and counseling as a process of providing assistance to individuals (students), is carried out through various services. These services are currently, at a time when the era is growing, not only can be done face-to-face directly, but can also take advantage of existing media or information technology.

⁸Arief S. Sadiman, dkk., *Media Pendidikan Pengertian, Pengembangan dan Pemanfaatan* (Jakarta: Rajawali Press. 2010), h. 19-24

⁹Arief S. Sadiman, dkk., *Media Pendidikan Pengertian, Pengembangan dan Pemanfaatan* h. 6.

¹⁰Azhar, Arsyad. *Media Pembelajaran*. (Jakarta: PT Raja Grafindo Persada. 2011).

The importance of the instrument can be seen from the application of the instrument which is an effort to disclose through measurements made using certain measuring instruments or instruments. Because the condition of the students needs to be revealed through the application of instruments in the context of guidance and counseling services to gain an understanding of students appropriately. The general aim is to obtain data about certain conditions about the santri, and specifically aims to understand the condition of the students such as their basic potential, talents and interests, their own condition, and their environment as well as the problems they face. The components related and synergized with the instrumentation application are instruments, respondents and users. In terms of instrument development, there are two, namely the data collected must be compiled based on data analysis and the needs of students. For this reason, accurate and adequate data are needed regarding themselves, their potential, needs and problems as well as the environment of the students. Analysis of data and needs is preceded by data collection and needs assessment using various instruments.

Physical tools that can present messages and stimulate students to learn. Another understanding of media, media is the plural form of medium, which means intermediary or introduction. According to the term, media are all forms or channels used for the process of distributing information, and the use of media is very closely related to the instruments and implementation of guidance and counseling services in Islamic boarding schools. This definition leads us to draw a conclusion that the media are all kinds of intermediaries (objects) that can channel information from information sources to people who need information.

Based on the results of research at the Bahrul Ulum Islamic Boarding School in Pematang, it can be concluded that:¹¹ The Islamic counseling guidance in the Bahrul Ulum Islamic Boarding School Pematang implements an annual program that has been planned by the Bahrul Ulum Islamic Boarding School Pematang. Islamic guidance and counseling is more emphasized with the personality development needed for santri. Because this field is often a problem for students. This field has a close relationship with the field of fostering attitudes and values as well as mental health (soul), therefore it needs to be linked with guidance efforts in these fields. Islamic counseling guidance at the bahrul ulum Islamic boarding school Pematang uses two methods, namely the individual method and the group method. The obstacle in Islamic counseling guidance activities is the condition of students from various regions with different backgrounds, thus affecting their behavior and the density of students' activities in the community. In school teaching and learning activities which sometimes make students undisciplined,

¹¹Nisrina Nur Mufida, *Mengenal Media Bimbingan dan Konseling*. (<https://bk-fkip.umk.ac.id/2012/09/mengenal-media-bimbingan-dan-konseling.html?m=1>). Diakses 20 November 2021.

sometimes the supervisor is busy with assignments outside the Islamic boarding school which causes delays in Islamic counseling guidance activities at the Bahrul Ulum Islamic Boarding School, Pematang and there are also some students who sometimes still do not have awareness of the importance of Islamic counseling guidance.

Based on our research, it can be explained that our research found new things related to Tools and Media in guidance and counseling in the Islamic boarding school environment.¹² Here are some examples of media including: ¹³Media to convey information; such as tool leaflets, leaflets, booklets, and guidance boards. Media as a tool (data collector and data storage). Data collection media such as: questionnaires, interview guidelines, observation sheets in the form of anecdote records, check lists, rating scales, mechanical teaching materials. Guidance and Counseling Media. In the form of device, camera, tape, problem checklist, friend's choice sheet (all can be made by yourself except mechanical device, camera, tape). Data storage media such as: personal cards, personal books, folders, diskettes, folders, filing cabinets, cupboards, shelves etc.

Media as a tool in providing group information: Auditive media: radio, tape; Visual media: pictures, photos, transparency, paintings, etc. Audio-visual media: films with sound.¹⁴ Media as Bibliotherapy Books, magazines, comics (which are important in containing ways or tips) such as how to raise chickens, how to quickly read the Koran, how to overcome low self-esteem, how to increase motivation to learn, and several books that contain ways to or other tips. Media as a tool to deliver reports; In the form of BK activity reports. Reports can be weekly, monthly, semi-annual and annual.

CONCLUDING

Based on the results of research data, the introduction of tools and media in guidance and counseling in Islamic boarding schools has been going well, especially in Islamic boarding schools around JABODETABEK, because sources of information are provided by students and alumni who study at Islamic boarding schools around JABODETABEK. The counseling media can channel information from trusted sources

¹²Priyagung Kukuh, "Mengembangkan Media BK dalam Pendidikan. (<https://adoc.pub/makalah-mengembangkan-media-bk-elektronik-dalam-bidang-pendi.html>). Diakses pada 20 November 2021.

¹³Dewi Wisna Wati, *Pentingnya Mempelajari Media BK*" (<https://dewiwisnawati.weebly.com/pentingnya-mempelajari-media-bk.html>). Diakses pada 20 November 2021.

¹⁴Edi Kusnadi, "Instrumen dan Media dalam Layanan Bimbingan dan Konseling" (<https://media.neliti.com/media/publications/270093-instrumen-dan-media-dalam-layanan-bimbin-3a34c607.pdf>). Diakses pada 20 November 2021.

to people who need information. The responses of the students and alumni of Islamic boarding schools were quite diverse, some answered very well, good, enough, not good, and also very bad for counseling media services. Based on the data above, counseling media services in Islamic boarding schools have been running well in accordance with the criteria for media services in counseling within the boarding school environment. The author is of course still aware that the above paper still has many errors and is far from perfect. The author will improve the paper by referring to many sources and constructive criticism from readers.

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